



Rising Action Counseling LLC
Privacy Practices

Rising Action Counseling LLC
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Your Information, your Rights, and your Responsibilities

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of my responsibilities to help you.

Get an electronic or paper copy of your medical record

You can ask to see or obtain an electronic or paper copy of your medical record and other health information I have about you. Please inform me of this request. I will provide a copy or a summary of your health information, usually within 30 days of your request.

Ask me to correct your medical record

You can ask me to correct health information about you that you think is incorrect or incomplete. Please inform me of this request. I may say 'no' to your request but will tell you why in writing within 60 days.

Request confidential communications

You can ask me to contact you in a specific way (for example, home or office phone) or to send mail to a different address. I will say "yes" to all reasonable requests.

Ask me to limit what I use or share

You can ask me not to use or share certain health information for treatment, payment or other operations. I am not required to agree to your request and may say 'no' if it would affect your care. If you pay for a service or health care item out-of-pocket in full, you can ask me not to share that information for the purpose of payment or other operations with your health insurer. I will say 'yes' unless a law requires me to share that information.

Get a list of those with whom I've shared information

You can ask for a list (accounting) of the times I've shared your health information for six years prior to the date you ask, who I shared it with, and why. I will include all the disclosures except for those about treatment, payment, and health care operations, and certain other



Rising Action Counseling LLC

Privacy Practices

disclosures (such as any you asked me to make).

Get a copy of this privacy notice

You can ask for an electronic or a paper copy of this notice at any time. I will provide you with a copy promptly.

Choose someone to act for you

If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information. I will make sure the person has this authority and can act for you before I take any action.

File a complaint if you feel your rights are violated

You can file a complaint if you feel I have violated your rights by contacting me using the information on page 1. You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to: 200 Independence Avenue, S.W., Washington, D.C. 20201 or by calling 1-877-696-6775 or by visiting www.hhs.gov/ocr/privacy/hipaa/complaints/. I will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell me your choices about what I share. If you have a clear preference for how I share your information in the situations described below, talk to me about this. Tell me what you want me to do, and I will follow your instructions.

In these cases, you have both the right and choice to tell me to:

- Share your information with your family, close friends or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory
- Contact you for fundraising efforts

If you are not able to tell me your preferences, for example if you are unconscious, I may go ahead and share your information if I believe it is in your best interest. I may also share your information when needed to lessen a serious or imminent threat to health or safety.

In these cases, I never share your information unless you give me written permission:

- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes

My Uses and Disclosures

How do I typically use or share your health information? I typically use or share your health information in the following ways:



Rising Action Counseling LLC

Privacy Practices

To treat you

I can use your health information and share it with other professionals who are treating you. Example: A doctor treating you for an injury asks another doctor about your overall health condition.

To run my organization

I can use and share your health information to run my practice, improve your care and contact you when necessary. Example: I use health information about you to manage your treatment and services.

To bill for your services

I can use and share your health information to bill and get payment from health plans or other entities. Example: I give information about you to your health insurance plan so it will pay for your services.

I am allowed or required to share your information in other ways - usually in ways that contribute to the public good, such as public health and research. I have to meet many conditions in the law before I can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

To help with public health and safety issues

I can share health information for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

To do research

I can use or share your information for health research.

To comply with the law

I will share information about you if state or federal law requires it, including with the Department of Health and Human Services if it wants to see that I am complying with federal privacy law.

To respond to organ and tissue donation requests

I can share health information about you with organ procurement organizations.

To work with a medical examiner or funeral director

I can share health information with a coroner, medical examiner, or funeral director when an individual dies.



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Privacy Practices

To address workers' compensation, law enforcement, and other government requests

I can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions, such as military, national security, and presidential protective services.

To respond to lawsuits and legal actions

I can share health information about you in response to a court or administrative order or in response to a subpoena.

In the event of therapist's death or incapacitation

Per the requirements of Ohio's CSWMFT Board, in the event of this provider's death, incapacitation or otherwise inability to continue providing services, a Responsible Records Custodian will have access to client records for purposes of continuity of care and transfer of services.

My Responsibilities

I am required by law to maintain the privacy and security of your protected health information. I will let you know promptly if a breach occurs that may have compromised the privacy or security of your information. I must follow the duties and privacy practices described in this notice and give you a copy of it. I will not use or share your information other than as described here unless you tell me that I can in writing. If you tell me that I can, you may change your mind at any time. Let me know in writing if you change your mind. For more information see:

www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Changes to the Terms of this Notice

I can change the terms of this notice, and the changes will apply to all information I have about you. The new notice will be available upon request and on my website.

Effective 11/30/2020

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Privacy Official:

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